

Elective template

Course: Day Treatment (PHP Program) in Child Psychiatry PSY 2107 (PSY 1433)

Course Number assigned by OME/registrar

Academic Group: Medical School

Department: Psychiatry

Faculty Coordinator: Laura Stone, M.D. (214) 662-4683 (Laura.Stone@UTSouthwestern.edu), Chadrick Lane, MD
(Chadrick.Lane@utsouthwestern.edu)

Asst. Fac. Coordinators:

Periods Offered: All

Session:

Length: 4 weeks

Credit hours: (1 credit/2weeks of elective time)

Max # of Students: 1

Grading: Pass/Fail

Repeat for Credit: NO

Allow multiple to enroll in term: NO

Special consent to enroll: Y

If Yes, Departmental: N

Instructor: Y (Dr Stone)

Final exam: N

Method of delivery: N/A

First Day Contact: Laura Stone, M.D. (email or text with any questions)

First Contact Time: 8:15

First Day Location: 1341 W. Mockingbird, Suite 500E (5th floor, east tower), Dallas, TX 75247

I.

Prerequisites:

- A. Successful completion of Psychiatry Clerkship rotation
- B. Non- UT Southwestern students will need to complete EPIC training and pick up their Children's Health ID badge before arriving on the unit

Goals (<i>examples-edit as needed</i>)	Objectives (<i>describe activities that will support how goals are to be achieved</i>)	Assessment methods (<i>examples-explain how student will be evaluated</i>)
Patient Care: Assessment and Management 1. Demonstrate respect and empathy toward patients and families	1. Observation and participation in all daily activities on the Day Treatment unit	<ul style="list-style-type: none">Quality of Medical Records entries

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<ol style="list-style-type: none"> 2. <i>Take on up to 5 patients with supervision, and become an expert in their symptoms and presentation</i> 3. <i>Demonstrate the ability to fully assess for safety risks in children and adolescents</i> 4. <i>Document organized, thorough, and efficient notes in the electronic health record</i> 	<ol style="list-style-type: none"> 2. <i>Working closely with child psychiatry faculty and fellows</i> 3. <i>Frequent and specific feedback will be provided on a regular basis</i> 	<ul style="list-style-type: none"> • <i>Skills evaluation from direct observation, including assessing whether prior feedback is being implemented</i>
<p>Medical knowledge:</p> <ol style="list-style-type: none"> 1. <i>Discuss the evaluation of children and adolescents at different developmental stages and begin to recognize pathologic deviations</i> 2. <i>Recognize the clinical findings that might suggest a general medical cause for neuropsychiatric symptoms</i> 3. <i>Learn the appropriate uses and risks of pharmacotherapy</i> 4. <i>Identify signs and symptoms of child sexual and physical abuse, and discuss how this impacts treatment</i> 	<ol style="list-style-type: none"> 1. <i>Participate in case conceptualization and treatment planning discussions for each patient daily</i> 2. <i>Working closely with child psychiatry faculty and fellows</i> 	<ul style="list-style-type: none"> • <i>Discussions with faculty and fellows</i> • <i>Assisting Child Psychiatry Fellow in preparing and leading weekly groups including teen group and parent education group</i>
<p>Interpersonal and communication skills:</p> <ol style="list-style-type: none"> 1. <i>Communicate effectively and develop rapport with patients and families</i> 2. <i>Present information clearly and succinctly to the multidisciplinary team and supervisor</i> 3. <i>Demonstrate the ability to communicate effectively with all day treatment team members</i> 4. <i>Recognize and utilize non-verbal elements of behavior to enhance communication</i> 	<ol style="list-style-type: none"> 1. <i>Observation and participation in all daily activities on the Day Treatment unit</i> 2. <i>Participate in case conceptualization and treatment planning discussions for each patient daily</i> 	<ul style="list-style-type: none"> • <i>Observations of faculty and staff</i>

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Practice Based learning and Improvement: <ol style="list-style-type: none"> 1. <i>Demonstrate appropriate use of educational resources for self-directed learning</i> 2. <i>Identify knowledge gaps and actively research and discuss findings</i> 3. <i>Elicit and incorporate feedback into daily practice</i> 	<ol style="list-style-type: none"> 1. <i>Participate in case conceptualization and treatment planning discussions for each patient daily</i> 2. <i>Working closely with child psychiatry faculty and fellows</i> 	<ul style="list-style-type: none"> • <i>Deliver a 20-minute scholarly presentation on a specific psychiatric topic related to one of your patients</i>
Professionalism: <ol style="list-style-type: none"> 1. <i>Accept responsibility and complete tasks in a timely manner</i> 2. <i>Demonstrate punctuality and communicate any barriers</i> 3. <i>Maintain and respect patient confidentiality</i> 4. <i>Work effectively in a multidisciplinary team, including accepting instructions and feedback from all day treatment staff</i> 5. <i>Demonstrate sensitivity when treating a diverse patient population</i> 	<ol style="list-style-type: none"> 1. <i>Frequent communication and feedback with child psychiatry faculty</i> 2. <i>Working closely with the multidisciplinary team</i> 	<ul style="list-style-type: none"> • <i>Observations of faculty and staff</i>
Systems based practice: <ol style="list-style-type: none"> 1. <i>Understand the indications for the various levels of care within child psychiatry</i> 2. <i>Work with the team to recognize the optimization of system resources</i> 	<ol style="list-style-type: none"> 1. <i>Participate in discussions amongst a variety of staff on the multidisciplinary team</i> 	<ul style="list-style-type: none"> • <i>Discussions with faculty and fellows</i>

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III. Methods of Instruction:

- A. Didactic:
 - a. Case discussion and individual supervision
 - b. Attend Child and Adolescent Psychiatry didactics on Tuesdays whenever possible
 - c. Attend Parent Education when available, offered 4 days per week on a rotating schedule with a family therapist, registered nurse, child and adolescent fellow, and teacher from school services
 - d. Optional weekly general psychiatry grand rounds
- B. Clinical
 - a. Daily multidisciplinary rounds
 - b. Observation and participation in a variety of therapeutic groups
 - c. Observation of family therapy

IV. Overview of student responsibilities

- A. Develop an understanding of the behavioral program by reading the parent handbook and meeting with staff members
- B. Lead check-in and check-out groups with supervision
- C. Attend and contribute to daily multidisciplinary rounds
- D. Meet with patients with supervision and write clinical notes daily
- E. Observe all group sessions and family therapy at least once

IV. Method of evaluation of students and requirements: Evaluation based on assessment methods listed above, grade is Pass/Fail