

Elective template

**Course: Day Treatment (PHP Program) in Child Psychiatry PSY 2107 (PSY 1433)**

**Course Number** assigned by OME/registrar

**Academic Group:** Medical School

**Department:** Psychiatry

**Faculty Coordinator:** Laura Stone, M.D. (214) 662-4683 ([Laura.Stone@UTSouthwestern.edu](mailto:Laura.Stone@UTSouthwestern.edu)), Chadrick Lane, MD  
([Chadrick.Lane@utsouthwestern.edu](mailto:Chadrick.Lane@utsouthwestern.edu))

**Asst. Fac. Coordinators:**

**Periods Offered:** All

**Session:**

**Length:** 4 weeks

**Credit hours:** (1 credit/2weeks of elective time)

**Max # of Students:** 1

**Grading:** Pass/Fail

**Repeat for Credit:** NO

**Allow multiple to enroll in term:** NO

**Special consent to enroll:** Y

**If Yes, Departmental:** N

**Instructor:** Y (Dr Stone)

**Final exam:** N

**Method of delivery:** N/A

**First Day Contact:** Laura Stone, M.D. (email or text with any questions)

**First Contact Time:** 8:15

**First Day Location:** 1341 W. Mockingbird, Suite 500E (5<sup>th</sup> floor, east tower), Dallas, TX 75247

I.

**Prerequisites:**

- A. Successful completion of Psychiatry Clerkship rotation
- B. Non- UT Southwestern students will need to complete EPIC training and pick up their Children's Health ID badge before arriving on the unit

Goals ( <i>examples-edit as needed</i> )	Objectives ( <i>describe activities that will support how goals are to be achieved</i> )	Assessment methods ( <i>examples-explain how student will be evaluated</i> )
<b>Patient Care: Assessment and Management</b> 1. Demonstrate respect and empathy toward patients and families	1. Observation and participation in all daily activities on the Day Treatment unit	<ul style="list-style-type: none"><li>• Quality of Medical Records entries</li></ul>

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<ol style="list-style-type: none"> <li>2. <i>Take on up to 5 patients with supervision, and become an expert in their symptoms and presentation</i></li> <li>3. <i>Demonstrate the ability to fully assess for safety risks in children and adolescents</i></li> <li>4. <i>Document organized, thorough, and efficient notes in the electronic health record</i></li> </ol>	<ol style="list-style-type: none"> <li>2. <i>Working closely with child psychiatry faculty and fellows</i></li> <li>3. <i>Frequent and specific feedback will be provided on a regular basis</i></li> </ol>	<ul style="list-style-type: none"> <li>• <i>Skills evaluation from direct observation, including assessing whether prior feedback is being implemented</i></li> </ul>
<p><b>Medical knowledge:</b></p> <ol style="list-style-type: none"> <li>1. <i>Discuss the evaluation of children and adolescents at different developmental stages and begin to recognize pathologic deviations</i></li> <li>2. <i>Recognize the clinical findings that might suggest a general medical cause for neuropsychiatric symptoms</i></li> <li>3. <i>Learn the appropriate uses and risks of pharmacotherapy</i></li> <li>4. <i>Identify signs and symptoms of child sexual and physical abuse, and discuss how this impacts treatment</i></li> </ol>	<ol style="list-style-type: none"> <li>1. <i>Participate in case conceptualization and treatment planning discussions for each patient daily</i></li> <li>2. <i>Working closely with child psychiatry faculty and fellows</i></li> </ol>	<ul style="list-style-type: none"> <li>• <i>Discussions with faculty and fellows</i></li> <li>• <i>Assisting Child Psychiatry Fellow in preparing and leading weekly groups including teen group and parent education group</i></li> </ul>
<p><b>Interpersonal and communication skills:</b></p> <ol style="list-style-type: none"> <li>1. <i>Communicate effectively and develop rapport with patients and families</i></li> <li>2. <i>Present information clearly and succinctly to the multidisciplinary team and supervisor</i></li> <li>3. <i>Demonstrate the ability to communicate effectively with all day treatment team members</i></li> <li>4. <i>Recognize and utilize non-verbal elements of behavior to enhance communication</i></li> </ol>	<ol style="list-style-type: none"> <li>1. <i>Observation and participation in all daily activities on the Day Treatment unit</i></li> <li>2. <i>Participate in case conceptualization and treatment planning discussions for each patient daily</i></li> </ol>	<ul style="list-style-type: none"> <li>• <i>Observations of faculty and staff</i></li> </ul>

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<p><b>Practice Based learning and Improvement:</b></p> <ol style="list-style-type: none"> <li>1. <i>Demonstrate appropriate use of educational resources for self-directed learning</i></li> <li>2. <i>Identify knowledge gaps and actively research and discuss findings</i></li> <li>3. <i>Elicit and incorporate feedback into daily practice</i></li> </ol>	<ol style="list-style-type: none"> <li>1. <i>Participate in case conceptualization and treatment planning discussions for each patient daily</i></li> <li>2. <i>Working closely with child psychiatry faculty and fellows</i></li> </ol>	<ul style="list-style-type: none"> <li>• <i>Deliver a 20-minute scholarly presentation on a specific psychiatric topic related to one of your patients</i></li> </ul>
<p><b>Professionalism:</b></p> <ol style="list-style-type: none"> <li>1. <i>Accept responsibility and complete tasks in a timely manner</i></li> <li>2. <i>Demonstrate punctuality and communicate any barriers</i></li> <li>3. <i>Maintain and respect patient confidentiality</i></li> <li>4. <i>Work effectively in a multidisciplinary team, including accepting instructions and feedback from all day treatment staff</i></li> <li>5. <i>Demonstrate sensitivity when treating a diverse patient population</i></li> </ol>	<ol style="list-style-type: none"> <li>1. <i>Frequent communication and feedback with child psychiatry faculty</i></li> <li>2. <i>Working closely with the multidisciplinary team</i></li> </ol>	<ul style="list-style-type: none"> <li>• <i>Observations of faculty and staff</i></li> </ul>
<p><b>Systems based practice:</b></p> <ol style="list-style-type: none"> <li>1. <i>Understand the indications for the various levels of care within child psychiatry</i></li> <li>2. <i>Work with the team to recognize the optimization of system resources</i></li> </ol>	<ol style="list-style-type: none"> <li>1. <i>Participate in discussions amongst a variety of staff on the multidisciplinary team</i></li> </ol>	<ul style="list-style-type: none"> <li>• <i>Discussions with faculty and fellows</i></li> </ul>

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### III. Methods of Instruction:

- A. Didactic:
  - a. Case discussion and individual supervision
  - b. Attend Child and Adolescent Psychiatry didactics on Tuesdays whenever possible
  - c. Attend Parent Education when available, offered 4 days per week on a rotating schedule with a family therapist, registered nurse, child and adolescent fellow, and teacher from school services
  - d. Optional weekly general psychiatry grand rounds
  
- B. Clinical
  - a. Daily multidisciplinary rounds
  - b. Observation and participation in a variety of therapeutic groups
  - c. Observation of family therapy

### IV. Overview of student responsibilities

- A. Develop an understanding of the behavioral program by reading the parent handbook and meeting with staff members
- B. Lead check-in and check-out groups with supervision
- C. Attend and contribute to daily multidisciplinary rounds
- D. Meet with patients with supervision and write clinical notes daily
- E. Observe all group sessions and family therapy at least once

### IV. Method of evaluation of students and requirements: Evaluation based on assessment methods listed above, grade is Pass/Fail